

THREE BEARS



COFFEE · FOOD · BEER

OUR COFFEE BEANS



Our coffee bean of choice is Five Senses "*Crompton Road Blend*" which characterizes by its rich flavor, balance and heavy body.

Named after the first home of Five Senses, our Crompton Road blend is all about comfort. With a nod towards more traditional flavour profiles, this blend is perfectly suited towards milk coffees.

Rich flavours of bakers chocolate and marzipan envelope the entire palate, which seamlessly leads to a velvety body and a lingering creamy finish.

ABOUT THREE BEARS

Named after a renowned surf spot in the town of Yallingup, Three Bears brings you a complete eating experience to suit even the most rigorous of palates. We are conveniently located at the heart of the Terminal 3 in Perth's Airport, just a short walk to many of the gates in the area. With spectacular views over the airfield and beyond to the Perth Hills, Three Bears offers you the opportunity to wind down before your flight and start your trip with the best of attitudes.

We offer a wide variety of meals and a sophisticated selection of coffee, food, wine and beer. The kitchen is at your service from very early, commencing with our morning swell menu. Get a full brekky or just a bite to eat, indulge yourself with our freshly baked muffins, pastries, chef's salads and baguettes-to-go. And for the caffeine lovers, why don't you try our range of Five Senses coffee.

Later in the day, the morning wave recedes and brings you the afternoon menu. Get yourself in 'travel mode' with an enjoyable sip of wine or a refreshing beer. So next time you find yourself in Perth Airport, come pay us a visit in Terminal 3 make sure you pull up a chair, indulge with a taste of our menu and let us look after you.

COFFEE AND TEA

	Regular	Large
Cappuccino	\$5.80	– \$6.50
Flat White.....	\$5.80	– \$6.50
Latte.....	\$5.80	– \$6.50
Long Black.....	\$4.80	– \$5.80
Short Macchiato.....	\$4.80	
Long Macchiato	\$5.80	
Mocha.....	\$6.30	– \$7.00
Hot Chocolate.....	\$6.30	– \$7.00
Chai Latte	\$6.30	– \$7.00
Babyccino.....	\$1.50	
Extra Shot	\$1.50	
Tea	\$4.50	– \$5.00
English breakfast, Earl Grey, Peppermint, Green, Chamomile.		

EXTRAS

Decaf Coffee.....	\$0.50	Vanilla Syrup.....	\$0.70
Soy Milk	\$0.50	Caramel Syrup	\$0.70
Almond Milk	\$0.70	Hazelnut Syrup	\$0.70
Lactose Free Milk	\$0.50		

MORNING SWELL

Available until 10:30 am

Artisan thick cut toast \$8.00

Served with butter and preserves (V)

Artisan Fruit or Gluten Free Toast \$9.00

Served with butter and preserves (V) (GF)

Free Range Eggs on Toast \$15.00

Poached, scrambled or fried (V) (GF option)

Free Range Eggs Hollandaise \$16.00

Served on ciabatta bread with wilted spinach (GF option)

“Kabbijup” Big Breakfast \$25.00

Free range eggs any style on toast, with local cured bacon, sausage, hash browns, mushroom, grilled tomato, wilted spinach and spicy beans (GF option)

Big Veggie Breakfast \$22.00

Free range eggs any style and grilled haloumi on toast, with grilled tomatoes, flat top mushroom, wilted spinach and spicy beans (V) (GF option)

Free Range Omelette with Farmhouse Chorizo \$18.00

Served with toast and grilled tomato (GF option)

Smashed Avocado on Toast \$19.00

With tomato salsa and crumbled feta (V) (GF option)

Leek and Potato Cake with Soft Poached Free Range Eggs \$18.00

With wilted spinach and sautéed mushrooms (V) (GF option)

“Three Bears” Pancake Stack \$18.00

Served with mixed berry compote, strawberries, maple syrup, whipped cream (V)

EXTRAS:

Avocado	\$4.00	Grilled tomato	\$4.00	Chorizo	\$5.00
Egg	\$4.00	Hash brown.....	\$4.00	Sausage	\$5.00
Mushrooms	\$4.00	Bacon	\$5.00	Smoked salmon	\$6.00
Spicy beans	\$4.00				

SPIRITS

Mix with tonic water/ soda water/ dry ginger ale/
coca cola varieties / lemonade

Smirnoff Vodka.....\$10.00

Jim Beam Bourbon.....\$10.00

Jack Daniels Tennessee Whiskey\$11.00

Johnnie Walker Red Scotch.....\$10.00

Gordons Gin.....\$10.00

West Winds Gin\$13.00

Hippocampus Vodka/ Gin.....\$13.00

SOFT DRINKS

Vitalicious Juices\$6.50

Coca Cola Varieties.....\$5.50

Mount Franklin Still 600ml.....\$4.90

Mount Franklin Still 1 L.....\$7.00

Mount Franklin Sparkling Water 450ml.....\$5.50

Roogenic Iced Teas\$6.50

Lemon Myrtle & Rose / Strawberry / Super

Kombucha Margaret River ROK (Raw and Organic\$6.50

Passionfruit/Ginger Pop / Berry Beats/ Classic

WINES

SPARKLING WINES

150 ml 250 ml Bottle

Morgan's Bay Sparkling Cuvee (SA)	\$9.00		\$35.00
Fleur De Lys chardonnay pinot noir	\$10.00		\$42.00
T'Gallant Sparkling Prosecco (VIC)	\$13.00		\$55.00

WHITE

Hartog's Plate SSB (WA)	\$9.00	– \$13.00	– \$35.00
Fifth Leg SSB (WA)	\$12.00	– \$18.00	– \$50.00
821 South Sauvignon Blanc (NZ)	\$10.00	– \$15.00	– \$42.00
Fifth Leg Chardonnay (WA)	\$12.00	– \$18.00	– \$55.00
Devils Lair Hidden Cave chardonnay (WA)			– \$65.00

RED

Hartog's Plate Cabernet Merlot (WA)	\$9.00	– \$13.00	– \$35.00
Fifth Leg Shiraz (WA)	\$12.00	– \$18.00	– \$50.00
The Gables Cabernet Sauvignon (WA)	\$13.00	– \$19.00	– \$55.00
Devils Lair Cabernet Sauvignon (WA)			– \$70.00

PINOT NOIR

Cape Schank	\$13.00	– \$19.00	– \$55.00
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ROSE

Cape Schanck Rose (VIC)	\$13.00	– \$19.00	– \$55.00
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NEXT WAVE

Available from 10:30 am

Beach Break Fish & Chips \$24.00

"Cheeky Monkey" beer battered fish fillets with chips and garden salad.

Salt & Pepper Calamari \$23.00

Served with lemon aioli, crispy garden salad and chips.

"Boardie" Steak Sandwich \$26.00

WA scotch fillet, lettuce, tomato, melted cheese, mayo, onion marmalade, served with chips.

"Big Swell" Burger \$23.00

Harvey beef burger, battered onion rings, beetroot and melted cheese served with tomato relish, onion marmalade with salad and chips.

Veggie Burger \$23.00

Spicy lentil pattie, salad, cheese, tomato relish served with sweet potato fries (V)

"South West" Chicken Burger \$24.00

Crispy buttermilk chicken, bacon, pineapple, lettuce, tomato, mayo, melted cheese and served with chips.

Chicken Parmigiana \$26.00

Served with chips and garden salad.

Pasta Carbonara \$24.00

Bacon and egg tossed in a traditional creamy sauce and topped with parmesan and rocket (V Option)

Salad of the Day \$16.00

Crisp, fresh and locally sourced (V) (GF)

add char grilled chicken or smoked salmon \$6.00

SUNRISE TO SUNSET

Available all day

- Sharing "Long" Board** \$26.00
Selection of cheeses and locally cured meats served with artisan breads.
- Pulled Pork Nachos** \$18.00
Corn tortilla chips loaded with pulled pork, melted cheese, beans, jalapeños, guacamole, sour cream and tabasco.
- Salt & Pepper Calamari** \$18.00
Served with chips, lemon and tartare.
- Beer Battered Onion Rings (V)** \$13.00
- Warm Marinated Olives**..... \$10.00

PIZZA

- "Three Bears"** \$19.00
Pulled chicken, smoked bacon, mozzarella and rocket on bbq sauce base.
- Trio Cheese** \$16.00
Three cheese topped with native WA bush basil (V)
- Surfers** \$17.00
Locally cured ham, pineapple and mozzarella.
- The Pepperoni** \$17.00
Salami, spicy pepperoni, jalapeños, mozzarella and topped with rocket.

SIDES

- Chips with aioli \$9.00 Sweet potato fries \$9.00
- Wedges..... \$9.00 Toasted garlic bread \$9.00

CRAFT BOTTLED BEERS

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| Cheeky Monkey Lager..... \$11.00 | Nail Brewing MVP \$13.00 |
| Little Creatures Pale Ale..... \$11.00 | Corona \$10.00 |
| Atomic Pale Ale..... \$10.00 | Tiger Beer \$9.00 |
| Breakwater Pale Ale \$10.00 | Guinness Draught..... \$10.00 |
| Sleeping Giant IPA \$10.00 | Emu Export \$8.00 |
| James Squire 150 Lashes \$10.00 | Pipsqueak Apple Cider..... \$11.00 |
| Little Dove \$10.00 | Hann Super Dry \$9.50 |
| Mountain Goat Summer Ale \$10.00 | Hann Premium..... \$8.50 |
| Eagle Bay Kolsch \$10.00 | Royal Jamaican Ginger Beer.... \$13.00 |
| Eagle Bay Pale Ale..... \$10.00 | Kirin \$10.00 |
| Nail Brewing VPA \$11.00 | Little Creatures Else \$9.50 |

BEER ON TAP

- Single Fin Pint \$13.50
- Single Fin Middy..... \$8.00
- Heineken Pint \$12.50
- Heineken Middy..... \$8.40